

When to keep your children home from school!

A child who is sick will not be able to perform well in school and is likely to spread the illness to other children and staff.

You should not send your child to school if he/she has:

- *fever in the past 24 hours. Less than 100. Students must be fever free without the help of medication for 24 hours before returning to school.
- *Vomiting in the past 24 hours
- *Diarrhea in the past 24 hours
- *Strep Throat (must be taking antibiotics for at least 48 hours before returning to school)
- *Bad cold with a runny nose or bad cough

Children that have the **Flu** need to stay home for at least 5 days from the beginning of symptoms or diagnosis. They must be symptom free for 24 hours at the end of the 5 days before returning. Even if they are fever free before the 5 days they may not return because they may still be contagious even after the fever is gone. Remember Flu is a contagious respiratory illness caused by the flu virus. It is easily spread through droplets by coughing, sneezing, or contact with contaminated droplets.

If your child becomes ill at school and any school personnel feel the child is too sick to benefit from school or is contagious to other students, you will be called to come and take them home.

