

Colorado ISD
BREAKFAST MENU
November 2018

MONDAY	TUESDAY	Wednesday	THURSDAY Nov 1 st	FRIDAY Nov 2 nd
			Pancakes/Sausage OR Dry Cereal /Toast Fruit Chilled Fruit Juice** Choice of Milk	French Toast/Bacon Or Dry Cereal n Toast Fruit Chilled Fruit ** Choice of Milk
5 TH	6 th	7 th	8 th	9 th
Early Bird Sandwich Or Breakfast Pizza Or Cereal /Toast Fruit Chilled Fruit Juice** Choice of Milk	Chicken n Biscuit Or Cereal Bar/Yogurt Or Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk	Biscuit Gravy Scrambled Eggs OR **Breakfast Parfait Or Dry Cereal/ Toast Fruit Chilled Fruit Juice** Choice of Milk	**Pancake Wrap Or Sausage Kolache Yogurt OR Dry Cereal/Toast Fruit Chilled Fruit** Choice of Milk	**Cinnamon Roll Sausage Or Biscuit /Sausage OR Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk
12 th	13 th	14 th	15 th	16 th
Pancakes Bacon Or Muffin/Yogurt Or Dry Cereal/ Toast Fruit Chilled Fruit Juice** Choice of Milk	Sunrise Sandwich Or Cereal Bar /Yogurt Or Dry Cereal /Toast Fruit Chilled Fruit Juice** Choice of Milk Dry	French Toast Sausage Or **Breakfast Strudel/ Cheese Stick Or Dry Cereal /Toast Fruit Chilled Fruit Juice** Choice of Milk	Oatmeal Cinnamon Toast Or Breakfast Bread/Yogurt OR Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk	Breakfast Burrito Hash Browns Or Cereal Bar /Yogurt Or Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk
19 th	20 th	21 st	22 nd	23 rd
NO School	No School	No School	Happy Thanksgiving	No School
26 th	27 th	28 th	29 th	30 th
Sausage Kolache Yogurt Or Dry Cereal /Toast Fruit Chilled Fruit Juice** Choice of Milk	Cheese Omelet/Toast Or Breakfast Taquito Or Cereal /Toast Fruit Chilled Fruit Juice** Choice of Milk	Waffles/Sausage Or **Breakfast Parfait Or Cereal /Toast Fruit Chilled Fruit Juice** Choice of Milk	Breakfast Pizza Or Cereal /Toast Fruit Chilled Fruit Juice** Choice of Milk	**Doughnut Holes Or French Toast/Sausage Or Cereal /Toast Fruit Chilled Fruit Juice** Choice of Milk

**indicates not allowed for Head Start/ Pre-K.
Only Unflavored Milk for Head Start/ Pre-K

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THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.
Menu Subject to Change
HAPPY THANKSGIVING!!!!

COLORADO ISD
Head Start / Pre-K Lunch MENU
November 2018

			Nov 1 st	Nov 2 nd
			Ranchero Wrap Or Country Pot Pie Fresh Veggie Cup 1/4c Snowball Salad 1/3c Milk	Hamburger Or Cheeseburger Oven Fries 1/4c Fresh Veggie Cup 1/4c Milk
5 th	6 th	7 th	8 th	9 th
Enchilada Refried Beans 1/4c Sliced seasonal Fruit 1/4c Milk	Chili Cheese Combo Fresh Veggie Cup 1/4c Chilled Peaches 1/4c Milk	Chicken Nuggets Mac n Cheese California Blend Vegetables Strawberry cup Milk	Pizza Wedge Corn Chilled Pineapple 1/4c Milk	Turkey /Dressing Gravy Mashed Potatoes Hot Roll Green beans Ambrosia Salad Milk
12 th	13 th	14 th	15 th	16 th
Steak Fingers Gravy Corn 1/4c Carrots 1/4c Pineapple 1/4c Milk	Spaghetti Bowl California Blend Vegetables 1/4c Peaches 1/4c Milk	Boneless Chicken Wings W/Hot Roll Celery Sticks 1/8c Baby Carrots 1/8c Mandarin Oranges 1/4c Milk	Chicken Quesadilla Lettuce Tomato Garnish Pinto Beans 1/4c Pears 1/4c Milk	Sloppy Joe Sandwich Oven Fries 1/4c Broccoli W Ranch 1/4c Apple Slices Milk
19 th	20 th	21 st	22 nd	23 rd
No School	No School	No School	Happy Thanksgiving	No School
26 th	27 th	28 th	29 th	30 th
Breaded Drumstick Corn 1/4c Carrots 1/4c Chilled Fruit Animal Crackers Milk	Crispy Tacos Or Frito Pie Sliced Vegetables 1/4c Orange Smiles 1/4 c Milk	Lasagna Or Chicken Nuggets Mashed Potatoes 1/4c Garden Salad 1/2c Pears 1/4c Milk	Grilled Cheese Sandwich Or Pulled Pork Sandwich Carrot Sticks w Ranch Green Beans Snowball Salad 1/3c Milk	Hamburger Or Cheeseburger Oven Fries Fresh Veggie Cup 1/4c Pineapple 1/4c Milk

ONLY UNFLAVORED 1% OR UNFLAVORED FAT FREE MILK
CAN BE SERVED TO HEAD START AND PRE-K.

**This product was funded by USDA. This institution is an equal opportunity
provider.**

Happy Thanksgiving!!!

MENU SUBJECT TO CHANGE
Please Join Us for Thanksgiving Lunch Friday November 9th

COLORADO ISD
Elementary/ Middle and High School Lunch Menu
November 2018

			Nov 1 st	Nov 2 nd
			Ranchero Wrap Or Country Pot Pie Broccoli Fresh Veggie Cup Snowball Salad Chilled Fruit Juice** Choice of Milk	Hamburger or Cheeseburger Lettuce Tomato Pickle Garnish Oven Fries Fresh Veggie Cup Fresh Fruit Chilled Fruit Juice** Choice of Milk
5 th	6 th	7 th	8 th	9 th
Enchiladas Or Taquito w/Queso Refried Beans Corn Salsa Seasonal Fruit **Chilled Fruit Juice Choice of Milk	Meatball Sandwich Tater Tots Or Chili Cheese Combo Tiny Tomato and Cucumber cup Peaches Chilled Fruit Juice** Choice of Milk	Chicken Nuggets Mac n Cheese Garden Salad Strawberry Cup Chilled Fruit Juice** Choice of Milk	Pizza Wedge Corn Carrots Pineapple Chilled Fruit Juice** Choice of Milk	Turkey/Dressing Gravy Mashed Potatoes Green Beans Hot Roll Ambrosia Salad Chilled Fruit Juice** Choice of Milk
12 th	13 th	14 th	15 th	16 th
CHS TURKEY DINNER Steak Fingers With Gravy Corn Carrots Pineapple Chilled Fruit Juice** Choice of Milk	Spaghetti Bowl Bread Stick Or French Bread Pizza Marinara Sauce California Blend Vegetables Peaches Chilled Fruit Juice** Choice of Milk	Boneless Chicken Wings Or Texas Chili Celery Sticks Baby Carrots Corn Bread Mandarin Oranges Chilled Fruit Juice** Choice of Milk	Mexican Combo Plate Or Chicken Quesadilla **Spanish Rice Corn Pinto Beans Salsa Pears Chilled Fruit Juice** Choice of Milk	Pop Corn Chicken Or Sloppy Joe Sandwich Oven Fries Broccoli w Ranch Apple Slices Chilled Fruit Juice** Choice of Milk
19 th	20 th	21 st	22 nd	23 rd
No School	No School	No School	Happy Thanksgiving	No School
26 th	27 th	28 th	29 th	30 th
Breaded Drumstick w Biscuit Or Pizza Wedge Corn Carrots Mixed Fruit Chilled Fruit Juice** Choice of Milk	Crispy Tacos **Spanish Rice Or Frito Pie Fresh Veggie Cup Mexican Beans Salsa Lettuce Tomato Garnish Orange Smiles Chilled Fruit Juice** Choice of Milk	Lasagna Or Chicken Nuggets Mashed Potatoes Garden Salad Hot Roll Pears Chilled Fruit Juice** Choice of Milk	Grilled Cheese Sandwich Or Pulled Pork Sandwich Multi Grain Chips Cole Slaw Green Beans Snowball Salad Chilled Fruit Juice** Choice of Milk	Hamburger Or Cheeseburger Lettuce Tomato Pickle Garnish Oven Fries Fresh Veggie Cup Pineapple Chilled Fruit Juice** Choice of Milk

Chilled Fruit Juice served only to CHS ** Served Only to CHS

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MENU SUBJECT TO CHANGE

Please Join Elementary and Middle School for Thanksgiving Dinner November 9th

**CHS WILL BE SERVING THANKSGIVING DINNER ON
NOVEMBER THE 12th**