Colorado ISD BREAKFAST MENU

November 2018

STB 6th 7th Stausage Cereal Aroast Fruit Chilled Fruit Juice** Choice of Milk Choice of Mi	MONDAY	TUESDAY	Wednesday	THURSDAY Nov 1st	FRIDAY Nov 2nd
Sausage Kolache				Pancakes/Sausage	French Toast/Bacon
STH Gth Fruit Chilled Fruit Juice** Choice of Milk Choice of Milk				,	Or
STH 6th 7th Chilled Fruit Chilled Fr				Dry Cereal /Toast	Dry Cereal n Toast
Early Bird Sandwich Or Or Or Or Or Cereal Bar/Yogurt Or Chilled Fruit Juice** Choice of Milk Or				Fruit	
Early Bird Sandwich Or Or Or Or Scrambled Eggs Or Cereal Aroast Fruit Chilled Fruit Juice** Choice of Milk Pancakes Bacon Or Or Cereal Bar/Yogurt Or Or Cereal Bar/Yogurt Choice of Milk Pancakes Bacon Or Or Cereal Bar/Yogurt Or Cereal Toast Fruit Chilled Fruit Juice** Choice of Milk Pancakes Bacon Or Dry Cereal/Toast Bacon Or Cereal Bar/Yogurt Or Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Choice of Milk Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Chilled Fruit Juice** Choice of Milk Dry Cereal/Toast Fruit Chilled Fruit Juice** Chilled Fruit Juice** Chilled Fruit Juice**				Chilled Fruit Juice**	Chilled Fruit **
Early Bird Sandwich Or Or Breakfast Pizza Or Cereal Bar/Yogurt Or Cereal /Toast Fruit Chilled Fruit Juice** Choice of Milk Pancakes Bacon Or Cereal Bar/Yogurt Or Muffin/Yogurt Or Dry Cereal /Toast Fruit Chilled Fruit Juice** Choice of Milk Or Cereal Bar/Yogurt Choice of Milk Or Cereal Jar/Yogurt Choice of Milk No Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk 12th Pancakes Bacon Or Cereal Bar/Yogurt Or Dry Cereal/Toast Bacon Or Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Choice of Milk Or Dry Cereal/Toast Bacon Or Cereal Bar/Yogurt Or Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk Choi				Choice of Milk	Choice of Milk
Or Breakfast Pizza	5 TH	6 th	7 th	8 th	9th
Or Cereal Bar/Yogurt Or Or Cereal Bar/Yogurt Or	Early Bird Sandwich	Chicken n Biscuit	Biscuit Gravy	**Pancake Wrap Or	**Cinnamon Roll
Cereal / Toast Fruit		Or	Scrambled Eggs	Sausage Kolache	
Or Cereal/Toast Fruit Dry Cereal/Toast Fruit Chilled Fruit Juice** Choice of Milk 12th 13th 14th 15th 16th Pancakes Bacon Or Cereal Bar/Yogurt Or Dry Cereal/Toast Fruit Or Dry Cereal/Toast Pruit Or Dry Cereal/Toast Pruit Or Dry Cereal/Toast Pruit Or Dry Cereal/Toast Pruit Or Dry Cereal Bar/Yogurt Or Dry Cereal/Toast Pruit Or Or Dry Cereal/Toast Pruit Or Or Dry Cereal/Toast Pruit Or	Breakfast Pizza	Cereal Bar/Yogurt	OR	Yogurt	Biscuit /Sausage
Fruit Chilled Fruit Juice** Choice of Milk Ch	Or		**Breakfast Parfait	OR	OR.
Chilled Fruit Juice** Choice of Milk Choice o	Cereal /Toast	Dry Cereal/Toast	Or	Dry Cereal/Toast	Dry Cereal/Toast
Choice of Milk Choice of Milk	Fruit	Fruit	Dry Cereal/ Toast		
Choice of Milk 12th 13th 14th 15th 16th	Chilled Fruit Juice**	Chilled Fruit Juice**	Fruit	Chilled Fruit**	Chilled Fruit Juice**
12th 13th 14th 15th 16th	Choice of Milk	Choice of Milk	Chilled Fruit Juice**	Choice of Milk	Choice of Milk
Pancakes Bacon Or Sausage Or Or Cereal Bar /Yogurt Or			Choice of Milk		
Bacon Or Or Or Muffin/Yogurt Or Or Dry Cereal Bar /Yogurt Or Dry Cereal /Toast Fruit Chilled Fruit Juice** Choice of Milk 19th NO School No School Cereal Bar /Yogurt Or Or Dry Cereal /Toast Fruit Chilled Fruit Juice** Choice of Milk Sausage Or Or Breakfast Bread/Yogurt OR Or Dry Cereal /Toast Fruit Chilled Fruit Juice** Choice of Milk Choice of Milk Dry Choice of Milk Choice of Milk Choice of Milk No School No School Cinnamon Toast Or Or Cereal Bar /Yogurt OR Dry Cereal/Toast Fruit Chilled Fruit Juice** Choiled Fruit Juice** Choice of Milk Sausage Kolache Cheese Omelet/Toast Or Waffles/Sausage Or Breakfast Pizza **Doughnut Holes	12 th	13 th	14 th	15 th	
Or Muffin/Yogurt Or Or Muffin/Yogurt Or	Pancakes	Sunrise Sandwich	French Toast	Oatmeal	
Muffin/Yogurt Or	Bacon	Or	Sausage	Cinnamon Toast	
Or Dry Cereal / Toast Fruit Chilled Fruit Juice** Choice of Milk 19th NO School No School Pry Cereal / Toast Fruit Chilled Fruit Juice** Choice of Milk 20th No School School School Cheese Stick Or Dry Cereal / Toast Fruit Chilled Fruit Juice** Choice of Milk Choice of Milk 21st Chilled Fruit Juice** Choice of Milk 21st Chilled Fruit Juice** Choice of Milk 21st Chilled Fruit Juice** Choice of Milk 22st Thanksgiving No School School School School School School School School Selection OR Dry Cereal / Toast Fruit Chilled Fruit Juice** Choice of Milk School School School School School School School School School Selection OR Dry Cereal / Toast Fruit Chilled Fruit Juice** Choice of Milk Choice of Milk School School School School School School School School School Selection OR Dry Cereal / Toast Fruit Chilled Fruit Juice** Choice of Milk Choice of Milk School School School School School School School School School Selection OR Dry Cereal / Toast Fruit Chilled Fruit Juice** Choice of Milk Choice of Milk School School School	Or	Cereal Bar /Yogurt	Or	1 1	
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Fruit Chilled Fruit Juice** Choice of Milk Dry Droice of Milk Droice of Milk Dry Droice of Milk Droice of Milk Dry Droice of Milk Droice of Mil	Or	Dry Cereal /Toast	Cheese Stick Or		
Chilled Fruit Juice** Choice of Milk Choice of Milk 19th Choice of Milk NO School School Chilled Fruit Juice** Choice of Milk NO School School School Chilled Fruit Juice** Choice of Milk Choice o	Dry Cereal/ Toast	Fruit	Dry Cereal /Toast	Dry Cereal/Toast	
Choice of Milk Choice of Milk	Fruit	Chilled Fruit Juice**			
NO No No School Sausage Kolache Cheese Omelet/Toast Or Waffles/Sausage Or Breakfast Pizza **Doughnut Hole:	Chilled Fruit Juice**	Choice of Milk Dry	Chilled Fruit Juice**	1	
NO No No School School School Happy Thanksgiving No School 26th 27th 28th 29th 30th Sausage Kolache Cheese Omelet/Toast Or Waffles/Sausage Or Breakfast Pizza **Doughnut Holes	Choice of Milk				
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		1			French Toast/Sausage
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01	•	Ψ.			Cereal /Toast
Diy Cereal / Toast Cereal / Toast					1
					Chilled Fruit Juice**
Children I fait Juice Children Children			•	CHOICE OF IVERS	Choice of Milk

**indicates not allowed for Head Start/ Pre-K. Only Unflavored Milk for Head Start/ Pre-K

THIS PRODUCT WAS FUNDED BY USDA.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.
Menu Subject to Change
HAPPY THANKSGIVING!!!!

COLORADO ISD Head Start / Pre-K Lunch MENU November 2018

			Nov 1 st	Nov 2 nd
			Ranchero Wrap Or Country Pot Pie Fresh Veggie Cup 1/4c Snowball Salad 1/3c Milk	Hamburger Or Cheeseburger Oven Fries 1/4c Fresh Veggie Cup 1/4c Milk
5 th	6 th	7 th	8 th	9th
Enchilada Refried Beans 1/4c	Chili Cheese Combo Fresh Veggie Cup 1/4c	Chicken Nuggets Mac n Cheese California Blend	Pizza Wedge Com	Turkey /Dressing Gravy Mashed Potatoes
Sliced seasonal Fruit 1/4c Milk	Chilled Peaches 1/4c Milk	Vegetables Strawberry cup Milk	Chilled Pineapple 1/4c Milk	Hot Roll Green beans Ambrosia Salad Milk
12 th	13 th	14 th	15 th	16th
Steak Fingers Gravy Corn 1/4c Carrots 1/4c Pineapple 1/4c Milk	Spaghetti Bowl California Blend Vegetables 1/4c Peaches 1/4c Milk	Boneless Chicken Wings W/Hot Roll Celery Sticks 1/8c Baby Carrots 1/8c Mandarin Oranges 1/4c Milk	Chicken Quesadilla Lettuce Tomato Garnish Pinto Beans 1/4c Pears 1/4c Milk	Sloppy Joe Sandwich Oven Fries 1/4c Broccoli W Ranch 1/4c Apple Slices Milk
19 th	20 th	21 st	22 nd	23rd
No School	No School	No School	Happy Thanksgiving	No School
26 th	27 th	28 th	29 th	30 th
Breaded Drumstick Corn 1/4c Carrots 1/4c Chilled Fruit Animal Crackers Milk	Crispy Tacos Or Frito Pie Sliced Vegetables 1/4c Orange Smiles 1/4 c Milk	Lasagna Or Chicken Nuggets Mashed Potatoes 1/4c Garden Salad 1/2c Pears 1/4c Milk	Grilled Cheese Sandwich Or Pulled Pork Sandwich Carrot Sticks w Ranch Green Beans Snowball Salad 1/3c Milk	Hamburger Or Cheeseburger Oven Fries Fresh Veggie Cup 1/4c Pineapple 1/4c Milk

ONLY UNFLAVORED 1% OR UNFLAVORED FAT FREE MILK CAN BE SERVED TO HEAD START AND PRE-K.

This product was funded by USDA. This institution is an equal opportunity provider.

Happy Thanksgiving!!!

MENU SUBJECT TO CHANGE
Please Join Us for Thanksgiving Lunch Friday November 9th

COLORADO ISD Elementary/ Middle and High School Lunch Menu November 2018

Broccoli Fresh Veggie Cup Snowball Salad Chilled Fruit Juice** Choice of Milk			TOVERSOLS DULO		
Country Pot Pic Broccoli Presh Veggie Cup Snowball Salad Chilled Fruit Juice** Choice of Milk Choice of Milk Lettuer Comato Pickle Garnish Gressburger Lettuer Comato Pickle Garnish Choice of Milk Chilled Fruit Juice** Choice of Milk Chilled Fruit Juice** Choice of Milk Chilled Fruit Juice** Choice of Milk Choice of Milk Choice of Milk Choice of Milk Lettuer Chilled Fruit Juice** Choice of Milk Choice of M				Nov I st	Nov 2 nd
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Broccoli Fresh Veggie Cup Snowball Salad Chilled Fruit Juice*** Choice of Milk					Cheeseburger
Broccoli Fresh Veggie Cup Snowball Salad Chilled Fruit Juice*** Choice of Milk				Country Pot Pie	Lettuce Tomato Pickle
Presh Veggie Cup Snowball Salad Chilled Fruit Juice** Choice of Milk Choice of Milk					Gamish
Spin (m. 7m. 8m. 2m. 2m. 2m. 2m. 2m. 2m. 2m. 2m. 2m. 2					Oven Fries
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Spanish Rice Choice of Milk Chilled Fruit Juice*** Choice of Milk		ļ			
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Enchiladas Or Tater Tots Or Chilic Cheeses Combo Timy Tomato and Cusumber cup Peaches Chilled Fruit Juice** Choice of Milk 12th 13th 14th 15th 16th 16th 18th 16th 18th 18th 18th 18th 18th 18th 18th 18				Choice of Milk	Chilled Fruit Juice**
Enchiladas Or Tater Tots Or Chilic Cheeses Combo Timy Tomato and Cusumber cup Peaches Chilled Fruit Juice** Choice of Milk 12th 13th 14th 15th 16th 16th 18th 16th 18th 18th 18th 18th 18th 18th 18th 18					Choice of Milk
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Taquito wQueso Refried Beans Com Salsa Cucumber cup Peaches Choice of Milk L2 th 13 th 14 th 14 th 15 th 16 th Chese of Milk L2 th 13 th 14 th 14 th 15 th 16 th Chilled Fruit Juice** Chilled Fru	Enchiladas Or	Meatball Sandwich	Chicken Nuggets	Pizza Wedge	Turkey/Dressing
Refried Beans Com Salsa Com Salsa Seasonal Fruit ***Chilled Fruit Juice*** Choice of Milk 12th 13th 13th 14th 15th 15th 16th Choice of Milk 12th 13th 14th 15th 15th 16th 16th 16th 16th 16th 16th 16th 16	Taguito w/Queso	Tater Tots Or	00		Gravy
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Salsa Seasonal Fruit **Echilled Fruit Juice*** Choice of Milk No School No			Mac II Chicose	00	
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Choice of Milk	*				
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Stack Fingers Spaghetti Bowl Boneless Chicken Wings Mexican Combo Plate Or	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Stack Fingers Spaghetti Bowl Boneless Chicken Wings Mexican Combo Plate Or					***************************************
Steak Fingers With Gravy Com Com Carrots Pineapple California Blend Vegetables Peaches Choice of Milk No School Happy Or Or Chicken Nuggets Mashed Potatoes Garden Salad Chilled Fruit Juice** Coles Slaw Ocen Beans Snowball Salad No School No School Happy Ore Or Or Chicken Nuggets Mashed Potatoes Garden Salad Green Beans Snowball Salad Pears No School Ore Ore Ore Ore Ore Ore Ore Or	I2 th	13 th	14 th	15 th	16 th
Steak Fingers With Gravy Com Carrots Pineapple California Blend Vegetables Peaches Choice of Milk No School Happy Thanksgiving 25th 25th 25th 25th 25th Ashed Potatoes Grilled Cheese Sandwich Or Chicken Nuggets Mati Grain Chips Cole Slaw Green Beans Snowball Salad Now Pears Now Pulled Prix Sandwich Multi Grain Chips Cole Slaw Green Beans Snowball Salad Now Pears Now Pears Lettuce Tomato Camish Orange Smiles Chilled Fruit Juice*** Chilled Fruit Juice** Chilled Fru	CHS TURKEY DINNER	Spaghetti Bowl	Boneless Chicken Wings	Mexican Combo Plate	Pop Corn Chicken
With Gravy Com Carrots Pineapple Pineapple Chilled Fruit Juice** Choice of Milk No School Happy Thanksgiving Chilled Cheese Sandwich Or Or Chicken Nuggets Mathadrin Oranges Mathadrin Oranges Chilled Cheese Sandwich Multi Grain Chips Cole Slaw Ore Cheeseburger Lettuce Tomato Pickle Garnish Oven Fries Fresh Veggie Cup Pineapple Chilled Fruit Juice*** Chilled Fruit Juice*** Chilled Fruit Juice**		1 0	_	Or	Or
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Carrots Pineapple California Blend Vegetables Peaches Pineapple Chilled Fruit Juice** Chilled Fruit Juice** Choice of Milk Choice of Milk Choice of Milk Pranksgiving 26th 27th 28th 22th 22th 23th 22th 23th 23th 23th 23	•				
Pineapple California Blend Vegetables Peaches Chilled Fruit Juice*** Choice of Milk Choice o			_	1 - 2	• • • • • • • • • • • • • • • • • • • •
Chilled Fruit Juice** Choice of Milk Chilled Fruit Juice** Choice of Milk Chilled Fruit Juice** Choice of Milk Chilled Fruit Juice**	Carrots	Marinara Sauce	Baby Carrots		
Chilled Fruit Juice*** Choice of Milk Choice	Pineapple	California Blend Vegetables	Corn Bread	1 1	Apple Slices
Chilled Fruit Juice*** Choice of Milk Choice		Peaches	Mandarin Oranges	Salsa	
Choice of Milk	Chilled Fruit Inice**			Pears	Chilled Fruit Juice**
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No School Happy Thanksgiving 26th 22th	Choice of Milk		=		Choice of Milk
No School Happy Thanksgiving 26th 22th 22th 22th 22th 22th 22th 22th 22th 30th 4th 30th 4th 30th 4th 30th			·		
Thanksgiving 26th 27th 28th 29th 30th Breaded Drumstick w Biscuit 0r	19 th	20 th	21 st	22 nd	235
Thanksgiving 26th 27th 28th 29th 30th Breaded Drumstick w Biscuit 0r					
26th 27th 28th 29th 30th Breaded Drumstick w Crispy Tacos Lasagna Grilled Cheese Sandwich Or Or Or Chicken Nuggets Or Or Or Or Chicken Nuggets Prito Pie Mashed Potatoes Or	No School	No School	No School	T.T. a. marr	No School
Breaded Drumstick w Biscuit Or Or Pizza Wedge Carrots Maxied Fruit Carrots Mixed Fruit Chilled Fruit Juice** Choice of Milk Breaded Drumstick w Crispy Tacos Lasagna Crilled Cheese Sandwich Or Or Or Or Or Or Or Or Chicken Nuggets Musti Grain Chips Carden Salad Carden Salad Oven Friesh Oven Friesh Oven Friesh Oven Friesh Chilled Fruit Juice** Chilled Fruit Juice** Chilled Fruit Juice** Chilled Fruit Juice** Crispy Tacos Lasagna Grilled Cheese Sandwich Or Or Or Or Or Or Or Or Chicken Nuggets Mutti Grain Chips Cheeseburger Cheeseb	NO SCHOOL	140 2011001	140 Schoot	^ ~ -	
Breaded Drumstick w Biscuit Or Or Pizza Wedge Com Carrots Mexican Beans Mixed Fruit Chilled Fruit Juice** Choice of Milk Chilled Fruit Juice** Biscuit Or Or Or Chicken Nuggets Mashed Potatoes Or Chicken Nuggets Multi Grain Chips Cor Garden Salad Carrots Mexican Beans Pears Chilled Fruit Juice** Chilled Fruit Juice** Chilled Fruit Juice** Crispy Tacos Lasagna Grilled Cheese Sandwich Or Or Or Or Cheeseburger Lettuce Tomato Picklet Garnish Oven Fries Oven Fries Pears Snowball Salad Fresh Veggie Cup Pineapple Chilled Fruit Juice**				Thanksgiving	
Biscuit **Spanish Rice Or	26 th	27 th	28 th		
Biscuit Or Or Or Or Chicken Nuggets Pulled Pork Sandwich Multi Grain Chips Com Carrots Mixed Fruit Chilled Fruit Juice** Choice of Milk **Spanish Rice Or Chicken Nuggets Mashed Potatoes Multi Grain Chips Cole Slaw Garnish Oven Fries Fresh Veggie Cup Pineapple Chilled Fruit Juice**	Breaded Drumstick w	Crispy Tacos	Lasagna	Grilled Cheese Sandwich	
Or Or Chicken Nuggets Pulled Pork Sandwich Multi Grain Chips Comesseburger Department of the Comesseburger Comes Presh Veggie Cup Garden Salad Garnish Carrots Mexican Beans Hot Roll Green Beans Mixed Fruit Salsa Pears Snowball Salad Fresh Veggie Cup Pineapple Chilled Fruit Juice** Choice of Milk Chilled Fruit Juice** Orange Smiles Chilled Fruit Juice** Orange Smiles Chilled Fruit Juice** Orange Smiles Chilled Fruit Juice** Choice of Milk Chilled Fruit Juice** Orange Smiles Chilled Fruit Juice** Choice of Milk Chilled Fruit Juice** Orange Smiles Chilled Fruit Juice** Chilled Fruit Juice** Orange Smiles Chilled Fruit Juice** Chilled Fruit Juice**				Or	
Pizza Wedge Frito Pie Mashed Potatoes Com Fresh Veggie Cup Garden Salad Cole Slaw Garnish Oven Fries Mixed Fruit Salsa Pears Snowball Salad Chilled Fruit Juice** Choice of Milk Chilled Fruit Juice** Mashed Potatoes Multi Grain Chips Cole Slaw Garnish Oven Fries Fresh Veggie Cup Pears Snowball Salad Fresh Veggie Cup Pineapple Chilled Fruit Juice**				Pulled Pork Sandwich	
Com					Lettuce Tomato Pickle
Com Green Seas Com Carrots Mexican Beans Hot Roll Green Beans Oven Fries Mixed Fruit Salsa Pears Snowball Salad Fresh Veggie Cup Chilled Fruit Juice** Chilled Fruit Juice** Chilled Fruit Juice** Choice of Milk Chilled Fruit Juice**					
Mixed Fruit Chilled Fruit Juice** Choice of Milk Carrots Mexican Beans And Reals Pears Pears Snowball Salad Fresh Veggie Cup Pineapple Chilled Fruit Juice**					• • • • • • • • • • • • • • • • • • • •
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Chilled Fruit Juice** Orange Smiles Chilled Fruit Juice** Chilled Fruit Juice** Chilled Fruit Juice** Chilled Fruit Juice**			Pears	Snowball Salad	
Orange Smiles Chilled Fruit Juice** Chilled Fruit Juice** Chilled Fruit Juice** Chilled Fruit Juice**	Chilled Fruit Juice**	Lettuce Tomato Gamish			
Choice of Milk Chilled Fruit Juice***			Chilled Fruit Juice**	Chilled Fruit Juice**	Chilled Fruit Juice**
	Choice of Milk				
	OHOLOG OF IVER	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk

Chilled Fruit Juice served only to CHS ** Served Only to CHS

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provider!

MENU SUBJECT TO CHANGE

Please Join Elementary and Middle School for Thanksgiving Dinner November 9th

CHS WILL BE SERVING THANKSGIVING DINNER ON NOVEMBER THE 12th