

COLORADO ISD
Head Start / Pre-K Lunch MENU
March 2019

				March 1st
				Pop Corn Chicken Or Sloppy Joe Sandwich Broccoli 1/4c Oven Fries 1/4c Peaches 1/4c Milk
4 th	5 th	6 th	7 th	8 th
Enchiladas Or Taquito/Queso Refried Beans 1/4c Orange Slices 1/4c Milk	Meatball Sub Sandwich Tater Tots 1/4c Or Chili Cheese Combo Mixed Fruit 1/4c Milk	Chicken Nuggets Mac n Cheese Green Beans 1/4c Or Asian Stir- Fry Strawberries 1/4c Milk	Pizza Wedge Corn 1/4c Or Fiesta Bowl Fruity Gelatin 3/4c Milk	Hamburger/Cheeseburger Or Frito Pie Cucumber Slices 1/4c Cinnamon Apple Slices 1/4 c Milk
11 th	12 th	13 th	14 th	15 th
Out for Spring Break	Out for Spring Break	Out for Spring Break	Out for Spring Break	Out for Spring Break
18 th	19 th	20 th	21 st	22 nd
Breaded Drum stick Or Pizza Wedge Carrots 1/4c Corn 1/4c Sliced Fruit Choice 1/4c Animal Crackers Milk	Crispy Tacos Or Frito Pie Sliced Fresh Veggies 1/4c Orange Smiles 1/4c Milk	Lasagna Or Chicken Nuggets Mashed Potatoes 1/4c Garden Salad 1/2c Pears 1/4c Milk	Hamburger/Cheeseburger Or Grilled Cheese Sandwich Oven Fries 1/4c Carrots 1/4c Snowball Salad 1/4c Milk	Pulled Pork Sliders Or Chicken Parmesan Green Beans 1/4c Chilled Pineapple 1/4c Milk
25 th	26 th	27 th	28 th	29 th
Deli Sandwich Tater Tots 1/4c Or Oven Roasted Chicken Broccoli 1/4c Hot Roll Sliced Fruit 1/4c Milk	Nachos Grande Pinto Beans 1/4c Or Taco Soup Corn Bread Sliced Carrots 1/8c Cucumber Slices 1/8c Peaches 1/4c Milk	Chicken Sandwich Or X-Treme Burrito Sliced Fresh Vegetables 1/4c Mandarin Oranges 1/4c Milk	Asian Bowl Or Hamburger Steak Brown Gravy Biscuit Garden Salad 1/2c Fruity Gelatin 3/4c Milk	Pizza Wedge Or Ham n Cheese Melt Or Grilled Cheese Sandwich Carrots 1/4c Sliced Fruit 1/4c Graham Crackers Milk

ONLY UNFLAVORED 1% OR UNFLAVORED FAT FREE MILK
CAN BE SERVED TO HEAD START AND PRE-K.

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MENU SUBJECT TO CHANGE

COLORADO ISD
Head Start / Pre-K Breakfast MENU
March 2019

				March 1st
				SAUSAGE KOLACHE YOGURT FRUIT JUICE** Milk
4th	5th	6th	7th	8th
Breakfast Pizza FRUIT FRUIT JUICE** Milk	Chicken n Biscuit FRUIT FRUIT JUICE** Milk	Biscuit/ Gravy Scrambled Eggs/Bacon FRUIT FRUIT JUICE** Milk	Sausage Kolache Yogurt FRUIT FRUIT JUICE** MILK	Biscuit /Sausage FRUIT FRUIT JUICE** Milk
11th	12th	13th	14th	15th
Out for Spring Break	Out for Spring Break	Out for Spring Break	Out for Spring Break	Out for Spring Break
18th	19th	20th	21	22nd
Cheese Omelet Toast FRUIT FRUIT JUICE** MILK	Breakfast Taquito FRUIT FRUIT JUICE** Milk	Waffles Sausage FRUIT FRUIT JUICE** Milk	Breakfast Pizza FRUIT FRUIT JUICE** MILK	French Toast Sausage FRUIT FRUIT JUICE** Milk
25th	26th	27th	28th	29th
Pancakes Sausage FRUIT FRUIT JUICE** MILK	Breakfast Burrito FRUIT FRUIT JUICE** Milk	Biscuit /Gravy Scrambled Eggs/Bacon FRUIT FRUIT JUICE** Milk	Breakfast Bowl Yogurt FRUIT FRUIT JUICE** MILK	Breakfast Sandwich FRUIT FRUIT JUICE** Milk

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** SERVED ONLY TO PRE-K

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MENU SUBJECT TO CHANGE

***COLORADO ISD
ELEMENTARY / MIDDLE and HIGH SCHOOL
BREAKFAST MENU
MARCH 2019***

Monday	Tuesday	WEDNESDAY	THURSDAY	FRIDAY March 1st
				Pancake Yogurt Or Sausage Kolache Yogurt Or Dry Cereal / Toast Chilled Fruit Juice Choice of Milk
4th	5th	6th	7th	8th
Early Bird Sandwich Or Breakfast Pizza Or Dry Cereal / Toast Chilled Fruit Juice Choice of Milk	Chicken-n-Biscuit Or Dry Cereal / Toast Chilled Fruit Juice Choice of Milk	Biscuit , Gravy Scrambled Eggs Bacon Or Dry Cereal /Toast Chilled Fruit Juice Choice of Milk	Pancake Wrap or Sausage Kolache Yogurt Or Dry Cereal / Toast Chilled Fruit Juice Choice of Milk	Cinnamon Roll Sausage Or Biscuit Sausage Or Dry Cereal / Toast Chilled Fruit Juice Choice of Milk
11th	12th	13th	14th	15th
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
18th	19th	20th	21st	22nd
Sausage Kolache Yogurt Or Breakfast Cookie Yogurt Or Dry Cereal / Toast Chilled Fruit Juice Choice of Milk	Cheese Omelet Toast Or Breakfast Taquito Or Dry Cereal / Toast Chilled Fruit Juice Choice of Milk	Waffles Sausage Or Dry Cereal / Toast Chilled Fruit Juice Choice of Milk	Breakfast Pizza Or Dry Cereal / Toast Chilled Fruit Juice Choice of Milk	Doughnut Holes Or French Toast Sausage Or Dry Cereal / Toast Chilled Fruit Juice Choice of Milk
25th	26th	27th	28th	29th
Pancakes Sausage Fruit Chilled Fruit Juice Choice of Milk	Breakfast Burrito Hash Browns Fruit Chilled Fruit Juice Choice of Milk	Biscuit Gravy Scrambled Eggs Bacon Fruit Chilled Fruit Juice Choice of Milk	Sausage Kolache Yogurt or Breakfast Bread Yogurt Fruit Chilled Fruit Juice Choice of Milk	Morning Griddle Sandwich or Breakfast Sandwich Fruit Chilled Fruit Juice Choice of Milk

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COLORADO ISD
ELEMENTARY / MIDDLE and HIGH SCHOOL
LUNCH MENU
March 2019

Monday	Tuesday	WEDNESDAY	THURSDAY	FRIDAY March 1 st
				Pop Corn Chicken Hot Roll Or Sloppy Joe Sandwich Broccoli Oven Fries Peaches Chilled Fruit Juice** Choice of Milk
4 th	5 th	6 th	7 th	8 th
Enchiladas Or Taqitos Queso Sauce Refried Beans Corn Salsa Fresh Seasonal Fruit Fruit Crisp Chilled Fruit Juice** Choice of Milk	Meatball Sub Sandwich Tater Tots Or Chili Cheese Combo Fresh Veggie Cup Mixed Fruit Chilled Fruit Juice ** Choice of Milk	Chicken Nuggets Mac and Cheese Savory Green Beans Or Asian Stir- Fry Flatbread Garden Salad Strawberries Chilled Fruit Juice** Choice of Milk	Pizza Wedge Corn Or Fiesta Bowl Tiny Tomato Cup Fruity Gelatin Chilled Fruit Juice** Choice of Milk	Hamburger/Cheeseburger Hamburger Garnish Or Frito Pie Lettuce Tomato Garnish Cucumber Slices Carrots Cinnamon Applesauce Cookie Chilled Fruit Juice ** Choice of Milk
11 th	12 th	13 th	14 th	15 th
SPRING BREAK WEEK	SPRING BREAK WEEK	SPRING BREAK WEEK	SPRING BREAK WEEK	SPRING BREAK WEEK
18 th	19 th	20 th	21 st	22 nd
Breaded Drumstick Biscuit Or Pizza Wedge Carrots Seasoned Corn Fresh Grapes Cookie Chilled Fruit Juice** Choice of Milk	Crispy Tacos **Spanish Rice Or Frito Pie Fresh Veggie Cup Refried Beans Salsa Lettuce and Tomato Garnish Orange Smiles Chilled Fruit Juice** Choice of Milk	Lasagna Tuscan Vegetables Or Chicken Nuggets Mashed Potatoes Garden Salad Hot Roll Pears Chilled Fruit Juice** Choice of Milk	Hamburger/Cheeseburger Hamburger Garnish Or Hot Dog Oven Fries Carrots Snowball Salad Chilled Fruit Juice** Choice of Milk	Pulled Pork Sliders ** Multigrain Chips Coleslaw Or Chicken Parmesan Garden Salad Breadstick Savory Green Beans Chilled Pineapple Chilled Fruit Juice ** Choice of Milk
25 th	26 th	27 th	28 th	29 th
Corn Dog Tater Tots Or Oven Roasted Chicken Broccoli Baked Beans Hot Roll Apple-Pineapple D'Lite Chilled Fruit Juice** Choice of Milk	Nacho Grande Pinto Beans Salsa Lettuce and Tomato Garnish Or Taco Soup Cornbread Tiny Tomato Cup Cucumber Slices Peaches Lime Sherbet Cup Chilled Fruit Juice** Choice of Milk	Chicken Sandwich Oven Fries Or X-Treme Burrito Salsa Corn Fresh Veggie Cup Lettuce and Tomato Garnish Mandarin Oranges Chilled Fruit Juice** Choice of Milk	Asian Bowl/Egg Roll Or Hamburger Steak Brown Gravy Biscuit Roasted Potatoes Garden Salad Fruity Gelatin Chilled Fruit Juice** Choice of Milk	Pizza Wedge Or Ham and Cheese Melt Or Grilled Cheese Sandwich **Multigrain Chips Soup Carrots Crunchy Broccoli Salad Fresh Seasonal Fruit Brownie Chilled Fruit Juice** Choice of Milk

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